

Project Lift Maya Foundation

While the conflict in Syria rages on, Syrian refugees are dependent on support from the rest of the world to meet their most basic human needs, including rehabilitation and education. With over 2.7 million refugees in Turkey, Maya Foundation stepped up to the new challenges facing the local community to create a safer and more desirable world for children and youth, to support their academic, mental and physical development in order to allow a future where they can express themselves freely, think creatively and reach their full potential.

Maya Foundation's Project Lift initiative is the foundation's flagship rehabilitation program designed to help children recover from their trauma by applying visual art, music, movement and dance therapy based on a Skills for Psychological Recovery model. Within the scope of the Hold My Hand project, the aim is to provide support for all children traumatized by war, migration, loss and violence. Since 2014 the clinical team have been actively working with Syrian refugee children through their intensive rehabilitation program including 15 session intensive workshops, pre and post family visits, as well as integration, adaptation and self expression activities.